

## EGD

- **YOU MUST HAVE A DRIVER** – you can NOT work or drive the day of your procedure.
- You are to have **NOTHING TO EAT OR DRINK AFTER MIDNIGHT** (not even water).
- Please **DISCONTINUE ALL BLOOD THINNERS 5-7 DAYS BEFORE** your procedure (unless instructed by the doctor). This includes: Aspirin, Advil, Aleve, Ibuprofen, Motrin, Excedrin, Coumadin, Plavix, Vitamin E, Ginko and most arthritic medications. Blood pressure medication is NOT a blood thinner. You may continue to take Tylenol, and your other medications. The morning of your procedure do not take any medication, unless absolutely necessary-*if absolutely necessary then take with only enough water to swallow the pill.*
- **IF YOU ARE DIABETIC**: the morning of your procedure DO NOT take your insulin/diabetes medication. Please check your blood sugar level before leaving for the hospital. Advise the nurse at the hospital/facility if you are diabetic. *Be sure to bring the medication/insulin with you to the hospital/facility.*

### **Register at Outpatient Registration**

Florida Hospital North (Altamonte Springs)  
601 E. Altamonte Drive  
Altamonte Springs, FL 32701  
Telephone: 407-303-2251

**Please arrive 1-1/2 hours prior to your scheduled appointment time.**

MNH Surgical Center (Maitland)  
1101 N. Maitland Avenue  
Maitland, FL 32751  
Telephone: 407-644-4222

**Please arrive 30 minutes prior to your scheduled appointment time.**